WORKSHOP with TIMBRÉ
Saturday, November 9, 2019
Camarillo United Methodist Church, 291 Anacapa Drive, Camarillo, CA 93010
A Handbell Musicians of America Endorsed Event

Timbré is a professional ensemble based here in Southern California. Their mission is to advance the artistic growth of handbells by setting high standards of musical performance and by encouraging composers to write new works for handbells. The artists in Timbré are some of the handbell world's finest musicians and teachers! Don't miss this amazing opportunity to learn from some of the best, right here in your own back yard.

Read more about them at: www.timbre-ensemble.org

EVENT SCHEDULE

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<th>TIME</th>
<th>ACTIVITY</th>
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<tr>
<td>1:00-1:15</td>
<td>• Welcome and Introductions</td>
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<td>1:15-2:15</td>
<td>• Basics Revisited: Your 100,000 Measure Tune-Up</td>
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<td>• Coordination Conundrums</td>
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<td>• Dream Weaving</td>
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<td>2:15-2:30</td>
<td>• Break</td>
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<td>2:30-3:30</td>
<td>• Four-In-Hand: Use it or Lose it</td>
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<td>• Beyond the Basics: Articulations</td>
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<td>• Different Assignment Strategies</td>
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<td>3:30-3:45</td>
<td>• Closing Comments</td>
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CLASS DESCRIPTIONS

**Basics Revisited: Your 100,000 Measure Tune-Up**  
1:15-2:15, taught by Elizabeth Mays  
Whether you’re a brand new beginner or a “veteran ringer,” this class will teach (or remind) you what to do before you ever pick up a bell or chime. Learn ergonomic techniques to help you not only “survive” those long rehearsals, concerts, and day-long ringing festivals, but also do so without pain or soreness. Ringers will be introduced to the “Three S’s: Stance, Seat, and Stroke”, and will focus on developing a relaxed ringing style to help control the bell, ring dynamically and make beautiful music.

**Coordination Conundrums**  
1:15-2:15, taught by Michèle Sharik  
Looking for that next-level challenge? Good coordination is essential to making music safely with handbells and chimes. Come break, er, BUILD your brain as we tackle the exercises in Valerie Stephenson's "Coordination Conundrums"!

**Dream Weaving**  
1:15-2:15, taught by Carol Pickford  
In this hands-on class, you’ll master the “weave” technique with 3 bells, 4 bells, and more. Find out how weaving can help you wend your way through difficult musical passages without getting warped!

**Four-in-Hand: Use it or Lose It**  
2:30-3:30, taught by Michèle Sharik  
You’ll learn the most popular and useful methods of ringing two bells in each hand (there are more than seven ways to do it!), how to decide which to use when, and how to do them safely and musically.

**Beyond the Basics: Articulations**  
2:30-3:30, taught by Carol Pickford  
So you can ring and damp. Can you martellato? Tap pluck? Thumb damp? Make it sing? Join this class to learn how to execute these special techniques and more, including shake, swing, gyro, echo, vibrato, and even a ring touch that won’t leave a mark! We’ll also learn the notation indicators for these techniques and which work (and how to modify them) for handchimes.

**Different Assignment Strategies**  
2:30-3:30, taught by KatRyn Howell  
Covering the many ways bells have been assigned, from Allured to the present. Offering different tried-and-true methods; why and when they are useful. Ideas for small groups, or for groups that are suddenly smaller.
ABOUT OUR TEACHERS

KatRyn Howell has played piano since she was three and bells since she was 11. She has toured throughout the States and around the world in the ’70s with the Hollywood “Freedom Ringers”; in the ’80s, ’90s, and 2000s with L.A.-based Campanile, a professional handbell ensemble, breaking barriers and challenging old notions about bellringing; and for the last 12 years with San Francisco-based Sonos and L.A.-based Timbré. She has taught numerous classes on assigning (Katsigning), ringing style, tour management, and performing style at conventions and workshops from Rhode Island to Seattle to Corpus Christi — and she has loved every minute of it!

Elizabeth Mays completed a Bachelor’s degree in Handbell Performance at the University of Redlands and a double Master’s in Conducting and Handbell Performance from Azusa Pacific University. She is an accomplished soloist, clinician, and teacher, having performed at the National Seminar for the Handbell Musicians of America in 2017 as well as events all over the world. She works full-time as a Student Services and Admissions Director. She is founding member of Timbré and currently serves as Historian for Area 12 of the Handbell Musicians of America and still blames it all on her mother.

Carol Pickford has been playing bells for nearly 40 years, starting when her father brought her to a newly-formed group and said “We are going to do this!”, starting a genuine love of the instrument. Carol has played almost continually throughout the 40 years, met her husband playing bells, and currently plays in Timbré and two church choirs.

Michèle Sharik rings professionally with Sonos Handbell Ensemble, is the founding Artistic Director of Timbré, and is an internationally-renowned handbell soloist, conductor, and teacher. She completed a Bachelor of Arts in Visual and Performing Arts in 2012 from Cal State San Marcos and a Graduate Certificate in Performing Arts Medicine in 2017 from Shenandoah University. Michèle is Master Teacher of Handbell Techniques for the Certification program of the Handbell Musicians of America, and Southern California Regional Coordinator for Area 12.
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REGISTRATION FORM
PLEASE COMPLETE ONE REGISTRATION FORM PER REGISTRANT
MAKE COPIES AS NEEDED

Registrant’s Name: ____________________________________________

Email: ________________________________________________________

WOULD YOU LIKE TO SUBSCRIBE TO TIMBRÉ’S EMAIL NEWSLETTER?

YES  NO  ALREADY DO! :-)

Please make checks payable to: Pasadena Arts Foundation (Please do not send cash!)
Mail to: Michele Sharik Pituley, 4037 Phelan Rd, STE A PMB 220, Phelan, CA 92371, ATTENTION: WORKSHOP
Confirmation of registration will be sent by email.

REGISTRATION FEE:
$25.00 per registrant, if postmarked on or before October 31, 2019.
$35.00 per registrant, if postmarked after October 31, 2019.
$40.00 per registrant at the door.

Refunds: Cancellations postmarked (or received, if via email) on or before Oct 31 will be refunded 100% less a $5 cancellation fee. Cancellations postmarked (or received, if via email) Oct 31 – Nov 2 will be refunded 50% less a $5 cancellation fee. There will be no refunds for cancellations after Nov 2.

PLEASE INDICATE WHICH CLASSES YOU WILL TAKE
Choose only one class per session

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WE LOOK FORWARD TO SEEING YOU THERE!